



# Therapy Services and EPSDT

The Roles of Physical, Occupational  
and Speech Therapy



**E**arly and **P**eriodic **S**creening, **D**iagnostic and **T**reatment is the child-health component of Medicaid.

# Physical Therapy



## Assess Gross Motor Development

- Rolling, crawling, standing, walking
- Joint motion, muscle tone, posture, strength
- Balance, coordination



## Treatment

- Exercise programs, parent education, positioning programs, assisted weight bearing, mobility training
- Equipment recommendations (braces, wheelchairs, walking aides)

# Physical Therapy Practice Defined\*

Physical therapy includes alleviating impairments, functional limitations and disabilities by designing, implementing and modifying therapeutic interventions that may include, but are not limited to:

- Therapeutic exercise;
- Functional training in community or work integration or reintegration;
- Manual therapy;
- Dry needling;
- Therapeutic massage;
- Prescription, application and, as appropriate, fabrication of assistive, adaptive, orthotic, prosthetic, protective and supportive devices and equipment;
- Airway clearance techniques;
- Integumentary protection and repair techniques;
- Debridement and wound care;
- Physical agents or modalities;
- Mechanical and electrotherapeutic modalities;
- Patient-related instruction;
- Reducing the risk of injury, impairments, functional limitations and disability, including the promotion and maintenance of fitness, health and quality of life in all age populations; and
- Engaging in administration, consultation, education and research.

*\*Source: Kansas State Board of Healing Arts- Physical Therapy Practice Handbook*

# Occupational Therapy



## Assess Development of Skills for Activities of Daily Living

- Fine motor skills (grasp, hand coordination), feeding skills, dressing
- Toileting, bathing, hygiene
- Strength, sensory integration, joint motion
- Balance, coordination

## Treatment

- Exercise programs, parent education, positioning programs, mobility training, feeding programs
- Equipment recommendations (bathroom aides, dressing aides, splints)

# OT Practice Defined\*

## Occupational therapy intervention may include:

- Remediation or restoration of performance abilities that are limited due to impairment in biological, physiological, psychological or neurological cognitive processes;
- Adaptation of tasks, process, or the environment or the teaching of compensatory techniques in order to enhance performance;
- Disability prevention methods and techniques that facilitate the development or safe application of performance skills; and
- Health promotion strategies and practices that enhance performance abilities.

*\*Source: Kansas State Board of Healing Arts- Occupational Therapy Practice Handbook*

# OT Practice Defined\*

## Occupational therapy services include, but are not limited to:

- Evaluating, developing, improving, sustaining, or restoring skills in activities of daily living (ADL), work or productive activities, including instrumental activities of daily living (IADL) and play and leisure activities;
- Evaluating, developing, remediating, or restoring sensorimotor, cognitive or psychosocial components of performance;
- Designing, fabricating, applying, or training in the use of assistive technology or orthotic devices and training in the use of prosthetic devices;
- Adapting environments and processes, including the application of ergonomic principles, to enhance performance and safety in daily life roles;
- Applying physical agent modalities as an adjunct to or in preparation for engagement in occupations;
- Evaluating and providing intervention in collaboration with the client, family, caregiver or others;
- Educating the client, family, caregiver or others in carrying out appropriate nonskilled interventions; and
- Consulting with groups, programs, organizations or communities to provide population based services.

*\*Source: Kansas State Board of Healing Arts- Occupational Therapy Practice Handbook*

# Speech Therapy



## Assess Development of Skills for Comprehension, Language and/or Swallowing

- Feeding skills, oral motor control
- Reading, visual and auditory comprehension
- Cognition
- Communication

## Treatment

- Exercise programs, parent education, language skills programs, feeding programs
- Equipment recommendations (speech devices, communication boards)

# Speech Therapy Defined\*

- Articulation;
- Fluency;
- Voice and resonance, including respiration and phonation;
- Receptive and expressive language in speaking, listening, reading, writing, and manual modalities;
- Hearing, including the impact on speech and language;
- Swallowing;
- Cognitive aspects of communication;
- Social aspects of communication; and
- Communication modalities, including oral, manual, augmentative, and alternative communication, and assistive technologies.

*\*Source: KDADS Licensing for SLPS*

# Autism Services

Children with an autism diagnosis may qualify for state plan therapies.

- Consultative Clinical and Therapeutic Services (CCTS) or Autism Specialist supports to address the behavioral, social and communication needs of individuals with autism.
  - CCTS providers are Board Certified Behavior Analyst or an individual with a masters degree who has completed state approved curriculum.
- Intensive Individual Supports (IIS) are provided under the direction of the CCTS provider.
  - These individuals have completed training specific to autism and interventions.