

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Preventative Health

Session: 3

Name: Holly Balman

Date: 6/17/2021



Patient Information

Gender: Male Female

Age: 16

Race:

- American Indian/Alaskan Native Asian
 Native Hawaiian/Pacific Islander
 Multi-racial Other
 Black/African American
 White/Caucasian
 Prefer not to say

Ethnicity:

- Hispanic/ Latino
 Not Hispanic/Latino
 Prefer not to say

Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member verbalizes having support by family, has secure housing with a local children's housing agency, reliable phone, is enrolled in WIC, is enrolled in Healthy Babies program, does not always have transportation to medical appointments - provided ModivCare transportation services information. Working on GED and working towards driver's education. Involved in a college access program. Enrolled in prenatal classes.

Medical History (Diagnosis, conditions, etc.)

Currently pregnant, 1st pregnancy, EDC 09/03/21.
 Member denies any medical conditions. Member reports BH diagnosis - depression and anxiety.
 Last vision exam: 01/19/21
 Last dental exam: 07/09/20

Medication Summary (Name, dose, frequency, route)

Prenatal vitamin daily.
 Denies any other medications.
 Denies any known medication allergies.

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Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
Medical record request sent to provider 06/02/21.	Tested positive for marijuana use in 01/18/19.
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
History of marijuana use. Member denies any current tobacco, alcohol or drug use since pregnancy. Currently receives outpatient rehab services.	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
History of mother seeking PRTF screening for residential placement due to aggression and behavioral issues in 01/2019. Hx: self harm, frequent runs with older men (last run 10/31/18-01/17/19), impulsive, extreme mood swings, non-compliant with rules, risky sexual behaviors, verbal and physical aggression. Family Preservation Services initiated 10/2018 due to member's out of control behaviors; mother unable to manage, frequent runs for weeks/months at a time with older men. DCF Custody in February 2019 due to runs. Court issued a No Run order. Bio mother has hx of non compliance and frequent runs as youth. Bio father was physically and emotionally abusive to member. Parents separated when member was age 10 yrs. Member had two suicide attempts in 2017, one in 2018, hx of cutting self. Dx: Post Traumatic Stress D/O, Chronic; Major Depressive D/O, recurrent.	
Treatment Summary (Form of treatment, date entered, voluntary, etc.)	
<p>History of outpatient therapy - local CMHC, Family Preservation Services, School Counseling groups in 2019.</p> <p>History if inpatient hospitalizations- 3 in the last 3 years, spanning from a few days to a few weeks</p> <p>Psych eval 04/2021. Currently receives BH therapy weekly.</p>	
Barriers to Treatment	
Teen pregnancy. First Pregnancy. Transportation difficult at times.	