

SO YOU WANT TO START AN MAT CLINIC:  
PREPARATION, EXPECTATIONS, AND  
TREATMENT PHILOSOPHIES

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## DISCLOSURES

- Neither I nor my spouse have any relevant financial disclosures pertaining to the content of this presentation

# PREPARATION

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- The team
  - Front desk
  - Pharmacy
  - Nursing
  - Medical assistant
  - Social work
  - Peer
  - Addiction counselor
  - Case manager
  - Case manager
  - Probation officer
  - Family members
  - Other prescribers
  - Grant provider
  - Insurance
  - Lab
  - Administration

PREPARATION

Developing a protocol

PREPARATION

Pharmacy

PREPARATION

Forms

PREPARATION

Payment structure

PREPARATION

Lab

PREPARATION

Community resources

PREPARATION

Referrals

## PREPARATION

Know your boundaries... **and share them!**

EXPECTATIONS

## EXPECTATIONS

Similar to ordinary primary care patients

EXPECTATIONS

Progress takes time

EXPECTATIONS

Pain is inescapable

## EXPECTATIONS

You may never “really” know what is going on with most of your patients

# PHILOSOPHIES

## CORNERSTONE PHILOSOPHIES

Everyone walking in the door has had a  
hard road to get here

## CORNERSTONE PHILOSOPHIES

People make choices in their own self-interest, and it is our job to discover how their universe makes sense

*before giving advice*

## CORNERSTONE PHILOSOPHIES

Today's outcome is not the most important

## CORNERSTONE PHILOSOPHIES

Behavioral treatment is not an adjunct

## CORNERSTONE PHILOSOPHIES

Mutual aid groups are critical to  
aftercare and relapse prevention

# RESOURCES

## RESOURCES

- Provider Clinical Support System (PCSS): forms, mentoring, buprenorphine training
- SAMHSA TIP 63: review of medications used to treat opioid use disorder
- Buprenorphine Therapy for Opioid Use Disorder, American Family Physician, 3/1/2018